

Breakfast

(served all day)

1 MUFFIN MAN BREAKFAST | 11.95

Freshly Squeezed Orange Juice

Scrambled Eggs with Sausage, Bacon & Beans

Toast & Butter, Honey, Jam or Marmalade, Tea or Coffee

Chicken, Beef (halal) & Quorn (v) Sausages available

Free Range Eggs

Please let your waitress know how you like your eggs

- | | |
|---|---|
| 2 Eggs Benedict - English Muffin, Poached Egg & Bacon with Hollandaise Sauce 9.95 | 8 Poached or Scrambled Eggs & Smoked Salmon on Toast or English Muffin 9.05 9.45 |
| 3 Eggs Royal - English Muffin, Poached Egg, Smoked Salmon with Hollandaise Sauce 10.95 | 9 Scrambled Eggs with Ham, Sausage or Bacon 5.65 |
| 4 Eggs Florentine - English Muffin, Poached Egg & Spinach with Hollandaise Sauce (v) 9.75 | 10 Extras - Ham, Sausage or Bacon 2.20 each |
| 5 Poached, Scrambled or Fried Eggs – sunny side up (v) 4.45 | 11 Toasted English Muffin with Scrambled Eggs & Ham 6.05 |
| 6 Eggs on Toast (choose from poached, scrambled or fried) (v) 5.05 | 12 3 Egg Omelette (plain) (v) 6.60
Extras - Mushroom, Peppers, Tomato, Ham or Cheese 1.60 each |
| 7 Poached or Scrambled Eggs & Smoked Salmon 8.55 | 13 13. Muffin Man 'Sweet Breakfast Omelette' with banana, blueberries & cinnamon (v) 4.85 |

Optional Extras

- | | |
|---|---|
| 14 Toasted Buttered English Muffin (v) 1.85 | 22 Stewed Prunes (v)(vg) 2.40 |
| 15 Buttered Toast – White (v), Wholemeal (v)(vg), Multi-Grain (v)(vg) 1.25 Gluten Free (v) 1.65 | 23 Fresh Fruit Bowl – blueberries, raspberries, strawberries & banana 3.50 With Yogurt (v) 3.95 |
| 16 Toasted Buttered Teacake (v) 1.85 | 24 Porridge (v) 4.05 |
| 17 Two Toasted Buttered Crumpets (v) 2.05 | 25 Cornflakes (v) 3.05 |
| 18 Toasted Buttered English Scone (cut in half) (v) 1.95 | 26 Muesli (v) 3.95 |
| 19 Toasted Buttered Homemade Lemon Tea Bread (v) 3.55 | 27 Croissant (v) 2.40 |
| 20 Honey (v), Jam (v)(vg) or Marmalade (v)(vg), Marmite (v)(vg) or Nutella (v) 1.50 | 28 Croissant with butter and jam (v) 3.20 |
| 21 Devon Cream (v) 2.00 | 29 Almond Croissant (v) 2.60 |
| | 30 Daily choice of Danish Pastries (v) 2.50
Alternative milks available Almond, Oat or Soya Milk (v)(vg) |

English Pancakes

31 3 Pancakes (plain) (v) | 4.10

Extras

Fresh Fruit - Raspberries, Strawberries, Blueberries, Banana | 1.65 each

Tinned Fruit - Peach, Pineapple, Apricot | 1.50 each

Jam (v)(vg), Nutella (v), Honey, Maple Syrup (v)(vg), Whipped Cream (v) | 1.50 each

Dessert Sauce; Chocolate (v)(vg), Toffee (v), Salted Caramel (v), Strawberry (v)(vg) | 1.50 each

Sandwiches

Our sandwiches are made with brown bread unless white is requested

- 32 Cream Cheese, Cucumber & Chives (v) | 4.15
- 33 Ploughmans - Cheddar Cheese, Branston Pickle & Cucumber (v) | 4.25
- 34 Cheddar Cheese with Celery or Chopped Dates (v) | 4.05
- 35 Cream Cheese, Red Pepper & Walnuts (v) | 4.45
- 36 Chicken with Avocado, Rocket & Mayonnaise | 5.25
- 37 Smoked Salmon, Cream Cheese & Chives | 6.65
- 38 Egg Mayonnaise, Bacon & Cress | 4.85
- 39 Prawn, Lettuce, Cucumber & Mayonnaise | 5.65
- 40 Tuna Mix & Cheddar Cheese | 4.95
- 41 BLT- Bacon, Lettuce, Tomato & Mayonnaise | 4.95
- 42 Hummus, Crushed Chick Peas, Avocado, Red Pepper & Spinach (v)(vg) | 4.55

43 *The Original Muffin Man Sandwich* | 5.75

Chicken, Crispy Bacon, Lettuce, Tomato, Cucumber & Mayonnaise

44 *The Muffin Man Club Sandwich* | 7.75

Toasted with Ham, Chicken, Bacon, Egg, Tomato, Cucumber, Lettuce & Mustard (Served with Crisps)

45 *The Two Tier*

Ham, Mustard, Avocado, Chicken & Mayonnaise | 6.70

Chopped Egg, Capers, Tuna Mix, Red Pepper & Lettuce | 6.70

Sandwiches can be toasted upon request at an additional charge | 0.55

Toasted Sandwiches

- 46 Salami, Cheddar Cheese & Tomato | 4.95
- 47 Ham, Cheddar Cheese & Pineapple | 4.95
- 48 Ham, Cheddar Cheese, Lettuce with Mayonnaise, Mustard or Chutney | 4.95

Open Sandwiches (Toasted)

- 49 Smashed Avocado, Rocket, Mixed Seeds (v)(vg) | 4.35
- 50 Smashed Avocado, Chicken, Rocket with Balsamic Glaze or Caesar Dressing or both | 5.65
- 51 Smoked Salmon, Dill Cream Cheese, Cucumber | 5.85
- 52 Egg Mayonnaise, Cherry Tomatoes & Spinach (v) | 3.95
- 53 Extras - Feta Cheese (v), Goats Cheese (v), Poached Egg (v), Bacon | 2.20
Walnuts (v)(vg) | 1.40

Paninis

- 54 Chicken, Crispy Bacon, Lettuce, Tomato, Cucumber & Mayonnaise | 6.10
- 55 Tuna Mix, Olives, Tomato, Cucumber & Mayonnaise | 5.65
- 56 Mozzarella, Tomato & Fresh Basil (v) | 5.50
- 57 Cheddar Cheese, Ham & Tomato | 5.20
- 58 Bacon, Lettuce & Tomato | 5.20
- 59 Goat's Cheese & Sundried Tomato (v) | 5.60
- 60 Halloumi Cheese & Tomato (v) | 5.65
- 61 Salami, Cheddar Cheese & Sundried Tomato | 5.65

*For any special fillings, please ask your waitress. Half portions available for children.
All of our sandwiches & salads are made to order, so please bear with us
if it takes a little longer than it would in a fast food restaurant.*

Salads

- 62 Avocado Salad with rocket, lettuce, cherry tomato, cucumber, red onion, chickpeas & mixed seeds (v) | 6.25
- 63 Avocado & Egg Mayonnaise Salad with lettuce, tomato, cucumber & mixed seeds (v) (vg) | 6.25
- 64 Prawn Cocktail with lettuce, chives, spring onion & homemade thousand island dressing | 7.70
- 65 Tuna Mayonnaise & Spring Onion Mix with rocket, lettuce, tomatoes, olives, capers & mixed seeds | 6.60
- 66 Ham Salad with avocado, lettuce, tomato, egg & homemade croutons | 6.60
- 67 Muffin Man Coronation Chicken Salad in a mild curry dressing with peaches/apricots, avocado & lettuce | 7.15
- 68 Chicken or Prawn Caesar Salad with Caesar dressing | 8.75
- 69 Feta Cheese Salad with cherry tomatoes, green olives, red onion & lettuce (v) | 7.25
- 70 Grilled Halloumi Salad with cherry tomatoes, green olives, red onion & lettuce (v) | 8.20

Dressings available - Caesar, Thousand Island or The Muffin Man dressing (with mustard)



Hot Dishes

- 71 Spaghetti Bolognese | 7.75
- 72 Lentil Ragu with spaghetti (v)(vg) | 7.65
- 73 Beef Lasagne | 7.75
- 74 Spinach Quiche with side salad & homemade coleslaw (v) | 8.15
- 75 Steak & Kidney Pie with chips | 8.00
- 76 Rarebit melted cheese & ale based sauce with mustard, served on a english muffin (v) | 6.20

Homemade Soup served with bread & butter

- 77 Tomato Soup (v)(vg) | 4.25
- 78 Soup of the Day (please ask) | 4.45

Jacket Potatoes served with salad.

- 79 Butter (v) | 5.20
- 80 Baked Beans (v)(vg) | 6.05
- 81 Homemade Coleslaw (v) | 6.05
- 82 Cheddar Cheese (v) | 6.10
- 83 Cottage Cheese or Cream Cheese (v) | 5.80
- 84 Egg Mayonnaise (v) | 6.15
- 85 Tuna Mix | 6.35
- 86 Prawn Mayonnaise | 7.30
- 87 Lentil Ragu (v)(vg) | 6.20

Toppings

- Baked Beans, Coleslaw, Cheddar Cheese, Egg Mayonnaise, Tuna Mix, Lentil Ragu | 2.20
- Prawn Mayonnaise | 2.50



Sides

- 88 Side Salad - Lettuce, Tomatoes, Cucumber & Cress (v)(vg) | 3.25
- 89 Cucumber in Yogurt with Mint (v) | 3.15
- 90 Chips (v)(vg) | 3.45

The Muffin Man Tea Sets

91 **MUFFIN MAN TEA** (v) | 9.00

Toasted English Muffin or Toasted Teacake with Jam or Honey

Choice of Cake (check cakes for allergies)

Pot of Tea

92 **DEVON CREAM TEA** (v) | 8.40

Two Toasted Scones with Jam & Devon Cream

Pot of Tea

93 **TRADITIONAL TEA** (v) | 9.50

Pot of Tea

Cucumber & Tomato Sandwiches

Choice of Cake

94 **3 TIER AFTERNOON TEA for 2** | 33.50

with a glass of Pink Prosecco each

Choice of Coffee or a Pot of Muffin Man Own Blend Tea

TIER 1

Variety of 4 Mini Cakes (v)

TIER 2

Scones with Strawberry Jam & Devon Cream (v)

TIER 3

3 Finger Sandwiches - choice of fillings Cucumber (v), Tomato (v),
Ploughmans (v) Egg Mayonnaise & Cress (v) or Smoked Salmon

Choice of white, wholemeal, brown multi-seed and gluten free bread

Cakes

- | | |
|---|---|
| 95 Queen Mother's Cake - Dates & Walnuts (v) 4.50 | 103 Marble Cake (v) 3.85 |
| 96 Lemon Cake (v) 4.35 | 104 Marble Cake with Chocolate & Almond (v) 3.85 |
| 97 Coffee & Walnut Cake (v) 4.25 | 105 Lemon Drizzle Cake (v) 3.85 |
| 98 Passion/Carrot Cake (v) 4.35 | 106 Apple Pie (v) 4.25 |
| 99 Cheesecake (v) 4.35 | 107 Apple Pie served hot with Vanilla Ice (v) 5.25 |
| 100 Chocolate Fudge Cake (v) 4.35 | 108 Muffins - Chocolate, Chocolate Chip, Lemon,
Blueberry 2.55 |
| 101 Banana Bread (v) 3.80 | 109 Banana & Toffee Muffin (v) 2.85 |
| 102 Banana Bread with Chocolate Chips (v) 3.85 | |

Ice Creams

110 Single scoop 2.85 | Double scoop 4.85

Chocolate ice cream with chocolate pieces

Vanilla with vanilla pods

Strawberry

Pistachio with nut pieces

Mocha

Toppings:

Sauces -Chocolate, Strawberry, Salted Caramel or Toffee,
Whipped cream, 2 cocoa wafer sticks | 0.80 each

Tea Menu

111 CHOICE OF LOOSE TEAS

Pot of Tea for One | 2.75 Pot of Tea for Two | 4.75

Muffin Man Own Blend English Breakfast

Earl Grey

Darjeeling

Green Tea

Redbush Caramel Velvet

Rosehip

Chamomile

Peppermint

Jasmine

Lapsang Suchong

Citrus Ginger Twist

Decaffeinated English Breakfast Tea

112 GREEN TEAS

Pot of Tea For One | 3.65 Pot of Tea For Two | 6.65

Supreme Dragon Well

Supreme Jasmine Pearls

Supreme Cherry Sencha

113 HERBAL INFUSIONS

Pot of Tea For One | 3.45 Pot of Tea For Two | 6.45

Moroccan Nana Mint

Rooibos Gingerbread Orange

Mango Blast

Berry Fusions

114 BLACK TEAS

Pot of Tea for One | 3.45 Pot of Tea for Two | 6.45

Supreme Earl Grey

Sweet Almond Marzipan

115 *Flowering Tea* | 3.50



DANCING LOVERS

Two strands of white jasmine slowly unfurl from a bed of peony and chrysanthemum flowers like dancing lovers. The silver needles give a mild taste of quality green tea with a hint of jasmine

JASMINE BOW

This beautiful handmade flowering tea slowly creates an arched bow of jasmine flowers when steeped in hot water.

The silver needles give a mild taste of quality green tea with a hint of jasmine

JASMINE FAIRIES

Beautiful Jasmine petals gently unfold like white fairies to form a wreath atop a bed of orange lily and silver needle green tea.

The silver needles give a taste of quality green tea and jasmine

HEART OF GOLD

Green tea, lily, marigold flowers and fragrant jasmine. The silver needles give a mild taste of quality green tea with a floral hint

LYCHEE SNOW

As this tea blooms, the yellow marigold flower gently releases a snow like cloud of dancing jasmine petals. The silver needles give a mild taste of quality green tea with a hint of lychee

MANGO SPLASH

Green tea, lily flowers and fragrant jasmine. The light, delicate taste is naturally accented with a hint of fresh mango

ORANGE OSMANTHUS

This captivating display of orange lily flowers will tantalize the senses and taste buds. The silver needles give a mild taste of quality green tea with a hint of fresh orange

PEACHY ROSE

Green tea, rose and marigold flowers. The light, delicate taste is naturally accented with a hint of peach.

ROSELLE MELODY

Roselle Melody is a captivating flowering tea composed of an arch of Jasmine and Roselle petals. The silver needles give a mild taste of quality green tea with a hint of jasmine

VANILLA DREAMS

Green tea, beautiful light pink peony & lily flowers combine with a pink rose bud. The delicate taste is naturally accented with a hint of vanilla.

Drinks

Hot Drinks

116 Cup of Filter Coffee | 2.10

117 Espresso Single | Double 2.30 | 3.25

118 Americano | 2.40

119 Cappuccino | 2.60

120 Latte | 2.80

Decaffeinated coffee available additional charge | 0.30

121 Hot Chocolate | 3.30

122 Mocha | 3.35

Optional Extras

123 Flavoured Syrups - Vanilla/Toffee/Caramel/ per shot | 0.40

Milk Alternatives - Soya/Oat/Almond

Cold Drinks

124 Freshly Squeezed Orange Juice | 3.30

125 Freshly Squeezed Carrot Juice | 3.30

126 Pineapple, Grapefruit or Apple Juice | 2.25

127 Coke, Diet Coke, Coke Zero | 2.45

128 Fanta, Sprite Zero | 2.35

129 Bottle of Still Water (500ml) | 2.00

130 Sparkling Water | 2.15

131 Iced Tea | 2.65

132 Iced Coffee (with ice cream) (v) | 3.90

Smoothies (v)(vg) | 4.35

133 Berry go Round - Strawberry, Raspberry & Blueberry

134 Pash 'n' Shoot - Mango, Pineapple & Passion

135 Kale Kick - Kale, Spinach & Mango

136 Strawberry Split - Strawberry & Banana

Milkshakes (v) | 4.00

137 Vanilla, Strawberry, Chocolate, Banana or Coffee

Alcohol

138 White Wine Passionesentimento Veneto Blanco
125ml | 250ml | Btl 4.55 | 7.75 | 20.50

139 Red Wine Passionesentimento Veneto Rosso
125ml | 250ml | Btl 4.55 | 7.75 | 20.50

140 Passionesentimento Prosecco Rose
125ml | Btl 5.15 | 23.00

141 Peroni | 3.60

142 San Miguel | 3.60

Allergy menu available – Please Ask

Service charge at 12.5 % is added to your bill.
No service charge for take away orders.

Payment options: We accept most debit & credit cards, ApplePay, GPay

(v) Vegetarian (vg) Vegan

Visit Us

 The Muffin Man Tea Shop

 themuffinmanteashop

www.themuffinmanteashop.co.uk

