

# Breakfast

*Served all day*

1 MUFFIN MAN BREAKFAST | 14.50

Orange Juice

Scrambled Eggs with Sausage, Bacon, Hash Brown & Beans

Toast & Butter, Honey, Jam or Marmalade, Tea or Coffee

Chicken, Beef (halal) & Quorn (v) Sausages available

## Free Range Eggs

*Please let your waitress know how you like your eggs*

- |  |   |
|--|---|
| 2 Eggs Benedict - English Muffin, Poached Egg & Bacon with Hollandaise Sauce   11.95         | 8 Poached or Scrambled Eggs & Smoked Salmon on Toast or English Muffin   10.50   10.95  |
| 3 Eggs Royal - English Muffin, Poached Egg & Smoked Salmon with Hollandaise Sauce   12.50    | 9 Scrambled Eggs with Ham, Sausage or Bacon   7.20  |
| 4 Eggs Florentine - English Muffin, Poached Egg & Spinach with Hollandaise Sauce (v)   11.35 | 10 Extras - Ham, Sausage or Bacon   2.50 <i>each</i>  |
| 5 Poached, Scrambled or Fried Eggs – sunny side up (v)   5.45                                | 11 Toasted English Muffin with Scrambled Eggs & Ham   7.45  |
| 6 Eggs on Toast (choose from poached, scrambled or fried) (v)   6.05                         | 12 3 Egg Omelette (plain) (v)   7.75<br>With one filling (see below)   9.25<br>Extras - Mushroom, Peppers, Tomato, Ham or Cheese   1.80 <i>each</i> |
| 7 Poached or Scrambled Eggs & Smoked Salmon   10.05  | 13 Muffin Man 'Sweet Breakfast Omelette' with banana, blueberries & cinnamon (v)   6.00   |

## Optional Extras

- |  |  |
|--|--|
| 14 Toasted Buttered English Muffin (v)   2.50  | 21 Devon Cream (v)   2.20  |
| 15 Buttered Toast – White (v), Wholemeal (v)(vg), Multi-Grain (v)(vg)   1.55    Gluten Free (v)   1.85 | 22 Stewed Prunes (v)(vg)   2.40  |
| 16 Toasted Buttered Teacake (v)   2.50   | 23 Fresh Fruit Bowl – blueberries, raspberries, strawberries & banana   4.45    With Yogurt (v)   4.95         |
| 17 Two Toasted Buttered Crumpets (v)   3.00  | 24 Porridge (v)   4.05   |
| 18A Toasted Buttered English Scone (cut in half) (v)   2.85  | 25 Cornflakes (v)   3.05   |
| 18B Toasted Buttered English Scone (cut in half) with Devon Cream (clotted cream) & Jam   6.25         | 26 Muesli (v)   3.95   |
| 19 Toasted Buttered Homemade Lemon Tea Bread (v)   4.25  | 27 Croissant (v)   2.95  |
| 20 Honey (v), Jam (v)(vg) or Marmalade (v)(vg), or Nutella (v)   1.50<br>Marmite (v)(vg)   0.50        | 28 Croissant with butter and jam (v)   3.95  |
|  | 29 Almond Croissant (v)   3.65   |
|  | 30 Choice of Danish Pastries (v)   3.25<br>Alternative milks available Almond, Oat or Soya Milk (v)(vg)   0.40 |

## English Pancakes

31 3 Pancakes (plain) (v) | 4.95

### Toppings

Fresh Fruit - Raspberries, Strawberries, Blueberries, Banana | 1.85 *each*

Tinned Fruit - Peach, Pineapple, Apricot | 1.65 *each*

Jam (v)(vg), Nutella (v), Honey | 1.65 *each* | Whipped Cream (v) | 1.50

Dessert Sauce: Chocolate (v)(vg), Toffee (v), Salted Caramel (v), Strawberry (v)(vg), Maple Syrup (v)(vg) | 1.55 *each*

## Sandwiches

Please note that our sandwiches are NOT served toasted, unless stated otherwise.  
Sandwiches can be toasted upon request at an additional charge | 0.70

Our sandwiches are made with brown multi seeded bread unless white is requested

- |  |   |
|--|---|
| 32 Cream Cheese, Cucumber & Chives (v)   4.95   5.65                         | 38 Egg Mayonnaise (homemade), Bacon & Cress   6.25   6.95                         |
| 33 Ploughmans - Cheddar Cheese, Branston Pickle & Cucumber (v)   5.50   6.20 | 39 Prawn, Lettuce, Cucumber & Mayonnaise   7.65   8.35                            |
| 34 Cheddar Cheese with Celery or Chopped Dates (v)   5.25   5.95             | 40 Tuna Mix (homemade) & Cheddar Cheese   6.50   7.20                             |
| 35 Cream Cheese, Red Pepper & Walnuts (v)   5.50   6.20                      | 41 BLT- Bacon, Lettuce, Tomato & Mayonnaise   6.20   7.20                         |
| 36 Chicken with Avocado, Rocket & Mayonnaise   7.50   8.20                   | 42 Hummus, Crushed Chickpeas, Avocado, Red Pepper & Spinach (v)(vg)   5.85   6.55 |
| 37 Smoked Salmon, Cream Cheese & Chives   8.05   8.75                        |   |

### 43 *The Original Muffin Man Sandwich* | 7.75 | 8.45

Chicken, Crispy Bacon, Lettuce, Tomato, Cucumber & Mayonnaise

### 44 *The Muffin Man Club Sandwich* | 9.50

Toasted with Ham, Chicken, Bacon, Egg, Tomato, Cucumber, Lettuce & Mustard (Served with Crisps)

### 45 *The Two Tier*

A Ham, Mustard, Avocado, Chicken & Mayonnaise | 7.95 | 8.65

B Chopped Egg, Capers, Tuna Mix, Red Pepper & Lettuce | 7.95 | 8.65

## Toasted Sandwiches

- 46 Salami, Cheddar Cheese & Tomato | 6.25  
47 Ham, Cheddar Cheese & Pineapple | 6.25  
48 Ham, Cheddar Cheese, Lettuce with Mayonnaise, Mustard or Chutney | 6.25

## Open Sandwiches *Toasted*

- 49 Smashed Avocado, Rocket, Mixed Seeds (v)(vg) | 5.25  
50 Smashed Avocado, Chicken, Rocket with Balsamic Glaze or Caesar Dressing or both | 6.45  
51 Smoked Salmon, Dill Cream Cheese, Cucumber | 6.50  
52 Egg Mayonnaise (homemade), Cherry Tomatoes & Spinach (v) | 4.65  
53 Extras - Feta Cheese (v), Goats Cheese (v), Halloumi (v), Poached Egg (v), Bacon | 2.50  
Walnuts (v)(vg) | 1.50

## Paninis

- 54 Chicken, Crispy Bacon, Lettuce, Tomato, Cucumber & Mayonnaise | 7.85  
55 Tuna Mix (homemade), Olives, Tomato, Cucumber & Mayonnaise | 7.50  
56 Mozzarella, Tomato & Fresh Basil (v) | 6.50  
57 Cheddar Cheese, Ham & Tomato | 6.25  
58 Bacon, Lettuce & Tomato | 6.45  
59 Goat's Cheese & Sundried Tomato (v) | 6.50  
60 Halloumi Cheese & Tomato (v) | 6.50  
61 Salami, Cheddar Cheese & Sundried Tomato | 6.65  
62 Hummus, Chicken, Avocado, Spinach & Tomato (New) | 7.65  
63 Hummus, Mozzarella, Red Pepper, Spinach & Olives (v) (New) | 7.20

For any special fillings, please ask your waitress. Half portions available for children.  
All of our sandwiches & salads are made to order, so please bear with us  
if it takes a little longer than it would in a fast food restaurant.

## Salads

- 64 Avocado Salad with rocket, lettuce, cherry tomato, cucumber, red onion, chickpeas & mixed seeds (v) | 7.85
- 65 Egg Mayonnaise (homemade) Salad with Avocado, lettuce, tomato, cucumber & mixed seeds (v) (vg) | 8.05
- 66 Prawn Cocktail with lettuce, chives, cucumber ribbons, spring onion & homemade thousand island dressing | 8.75
- 67 Tuna Mayonnaise (homemade), Spring Onion Mix with rocket, lettuce, tomatoes, olives, capers & mixed seeds | 8.15
- 68 Muffin Man Coronation Chicken Salad in a mild curry dressing with peaches/apricots, avocado & lettuce | 8.25
- 69 Grilled Chicken or Prawn Caesar Salad with caesar dressing | 10.50
- 70 Feta Cheese Salad with cherry tomatoes, green olives, red onion & lettuce (v) | 8.00
- 71 Grilled Halloumi Salad with cherry tomatoes, green olives, red onion & lettuce (v) | 9.50

*Dressings available - Caesar, Thousand Island or The Muffin Man Dressing (with mustard)*



## Hot Dishes

- 72 Spaghetti Bolognese (homemade) | 9.75
- 73 Lentil Ragu with spaghetti (homemade)(v)(vg) | 9.25
- 74 Beef Lasagne | 8.95
- 75 Steak & Kidney Pie with chips | 9.25
- 76 Rarebit-melted cheese & ale based sauce with mustard, served on a english muffin (v) | 7.50

## Homemade Soup *served with bread & butter*

- 77 Tomato Soup (v)(vg) | 4.95
- 78 Soup of the Day (*please ask*) | 5.50

## Jacket Potatoes *served with salad*

- 79 Butter (v) | 6.50
- 80 Baked Beans (v)(vg) | 7.25
- 81 Coleslaw (homemade) (v) | 7.65
- 82 Cheddar Cheese (v) | 7.50
- 83 Cream Cheese (v) | 7.50
- 84 Egg Mayonnaise (homemade) (v) | 7.65
- 85 Tuna Mix (homemade) | 7.95
- 86 Prawn Mayonnaise (homemade) | 8.50
- 87 Lentil Ragu (homemade) (v)(vg) | 7.95

### Additional Toppings

- Baked Beans, Cheddar Cheese | 2.20
- Homemade Egg Mayonnaise, Coleslaw, Tuna Mix, Lentil Ragu | 2.50
- Homemade Prawn Mayonnaise | 2.85



## Sides

- 88 Side Salad - Lettuce, Tomatoes, Cucumber & Cress (v)(vg) | 4.25
- 89 Cucumber-Yogurt with Mint (v) | 3.65
- 90 Chips (v)(vg) | 3.95

*A discretionary service charge of 12.5 % is added to your final bill  
No service charge for take away orders*

## Tea Sets

### 91 THE MUFFIN MAN TEA SET (v) | 10.05

Toasted English Muffin or Toasted Teacake with Jam or Honey

Choice of Cake

Pot of Tea

### 92 THE DEVON CREAM TEA SET (v) | 9.50

Two Toasted Scones with Jam & Devon Cream

Pot of Tea

### 93 THE TRADITIONAL TEA SET (v) | 10.50

Pot of Tea

Cucumber & Tomato Sandwiches

Choice of Cake

### 94 3 TIER AFTERNOON TEA for 2 | 38.00

*with a glass of Pink Prosecco each*

Choice of Coffee or a Pot of Muffin Man Own Blend Tea

(For other tea choices please see our Tea Menu 112)

All other Teas | 1.00 extra)

#### *Tier 1*

Variety of 4 Mini Cakes (v)

#### *Tier 2*

Scones with Strawberry Jam & Devon Cream (v)

#### *Tier 3 Please choose up to 3 sandwich fillings*

Sandwiches - choice of fillings Cucumber (v), Tomato (v), Ploughmans (v), Egg Mayonnaise & Cress (v), Smoked Salmon with Cream Cheese & Dill or Ham & Cheese

*Our Afternoon Tea Sandwiches are served using a variety of breads*

## Cakes

### 95 Queen Mother's Cake - Dates & Walnuts (v) | 5.95

### 96 Victoria Sponge Cake (v) | 5.00

### 97 Lemon Cake (v) | 5.25

### 98 Coffee & Walnut Cake (v) | 5.10

### 99 Passion/Carrot Cake (v) | 5.25

### 100 Cheesecake (v) | 5.00

### 101 Chocolate Fudge Cake (v) | 5.25

### 102 Banana Bread (v) | 4.25

### 103 Banana Bread with Chocolate Chip (v) | 4.40

### 104 Marble Cake with vanilla (v) | 4.50

### 105 Marble Cake with orange & a dark chocolate frosting (v) | 4.75

### 106 Lemon Drizzle Cake (v) | 4.50

### 107 Apple Pie (v) | 4.95

### 108 Apple Pie served hot with Vanilla Ice Cream(v) | 5.95

### 109 Muffins - Chocolate Chip, Double Chocolate Chip, Lemon, Blueberry | 3.25

### 110 Banana & Walnut Muffin (v) | 3.50

## Ice Creams

### 111 Single scoop | Double scoop | 3.45 | 5.45

Strawberry *with fruit pieces*

Pistachio *with nut pieces*

Rum & Raisin

**Toppings:** Whipped Cream, 2 Cocoa Wafer Sticks

Sauces - Chocolate, Strawberry, Salted Caramel or Toffee | 1.00 each

*A discretionary service charge of 12.5 % is added to your final bill  
No service charge for take away orders*

# Tea Menu

All teas comes with **one** free hot water refill

## 112 Choice of Loose Teas

Pot of Tea for One | 3.65 Pot of Tea for Two | 5.65

Muffin Man Own Blend English Breakfast

Earl Grey *with cornflowers*

Darjeeling

Green Tea

Rosehip

Chamomile

Peppermint

Jasmine

Lapsang Suchong

Citrus Ginger Twist

Hibiscus *(New)*

Decaffeinated English Breakfast Tea

## 113 *White Teas* *(New)*

Pot of Tea For One | 4.50 Pot of Tea For Two | 7.50

White Peony

## 114 *Green Teas*

Pot of Tea For One | 4.50 Pot of Tea For Two | 7.50

Dragon Well

Jasmine Pearls

Cherry Sencha

Milk Oolong Caramel *(New)*

## 115 *Herbal Infusions*

Pot of Tea For One | 4.25 Pot of Tea For Two | 7.20

Moroccan Nana Mint

Rooibos Strawberry & Cream *(New)*

Berry Fusions

Elderflower & Lemon *(New)*

Rooibos Gingerbread Orange

Rooibos Redbush Caramel Velvet

Earl Grey Rooibos *(New)*

## 116 *Black Teas*

Pot of Tea for One | 4.25 Pot of Tea for Two | 6.75

Garden of England Afternoon Tea *(New)*

Sweet Almond Marzipan



## 117 *Flowering Tea* | 4.50

### DANCING LOVERS

Two strands of white jasmine slowly unfurl from a bed of peony and chrysanthemum flowers like dancing lovers. The silver needles give a mild taste of quality green tea with a hint of jasmine

### JASMINE BOW

This beautiful handmade flowering tea slowly creates an arched bow of jasmine flowers when steeped in hot water. The silver needles give a mild taste of quality green tea with a hint of jasmine

### JASMINE FAIRIES

Beautiful Jasmine petals gently unfold like white fairies to form a wreath atop a bed of orange lily and silver needle green tea.

The silver needles give a taste of quality green tea and jasmine

### LYCHEE SNOW

As this tea blooms, the yellow marigold flower gently releases a snow like cloud of dancing jasmine petals.

The silver needles give a mild taste of quality green tea with a hint of lychee

### MANGO SPLASH

Green tea, lily flowers and fragrant jasmine.

The light, delicate taste is naturally accented with a hint of fresh mango

### ORANGE OSMANTHUS

This captivating display of orange lily flowers will tantalize the senses and taste buds. The silver needles give a mild taste of quality green tea with a hint of fresh orange

### PEACHY ROSE

Green tea, rose and marigold flowers.

The light, delicate taste is naturally accented with a hint of peach.

### VANILLA DREAMS

Green tea, beautiful light pink peony & lily flowers combine with a pink rose bud.

The delicate taste is naturally accented with a hint of vanilla.

# Drinks

## Hot Drinks

- 118 Filter Coffee | 2.50  
119 Espresso Single | Double 2.70 | 3.65  
120 Americano | 3.45  
121 Cappuccino | 3.80  
122 Latte | 3.90  
Decaf | 0.40 extra  
123 Hot Chocolate | 3.95 | with whipped cream | 4.45  
124 Mocha | 4.05

## Extras

- 125 Flavoured Syrups - Vanilla/Toffee/Caramel/ per shot | 0.40  
Milk Alternatives - Soya/Oat/Almond | 0.40

## Cold Drinks

- 126 Orange Juice | 3.55  
127 Pineapple, Grapefruit or Apple Juice | 2.55  
128 Coke, Diet Coke, Coke Zero | 3.05  
129 Fanta, Sprite Zero | 2.95  
130 Still Water (500ml) | 2.50  
131 Sparkling Water | 2.65  
132 Iced Tea | 2.95  
133 Iced Coffee (with ice cream) (v) | 4.50

## Smoothies (v)(vg) | 5.00

- 134 Berry go Round - Strawberry, Raspberry & Blueberry  
135 Pash 'n' Shoot - Mango, Pineapple & Passion  
136 Kale Kick - Kale, Spinach & Mango  
137 Strawberry Split - Strawberry & Banana

## Milkshakes (v) | 5.00

- 138 Vanilla, Strawberry, Chocolate, Banana or Coffee

## Alcohol

- 139 White Wine Passionesentimento Veneto Bianco  
125ml | 5.50 250ml | 8.70 Btl | 21.50  
139 Red Wine Passionesentimento Veneto Rosso  
125ml | 5.50 250ml | 8.70 Btl | 21.50  
140 Passionesentimento Prosecco Rose  
125ml | Btl 5.50 | 25.00  
141 Peroni | 4.50

(v) Vegetarian (vg) Vegan

If you have any food allergy or food intolerance, please notify your server  
Allergy menu available – Please Ask

A discretionary service charge of 12.5 % is added to your final bill  
No service charge for take away orders

Payment options: We accept most debit & credit cards, ApplePay, GPay

## Visit Us



The Muffin Man Tea Shop



themuffinmanteashop

www.themuffinmanteashop.co.uk

